

To the Chairperson and Members of the
South East Area Committee

Community Development Section Report

Community Grants

All Community Development Grants completed for 2018, grants being presently in process of sign off with Dublin City Council.

Community Development Plan 2018

Full plan of activities for the year is being developed and planned.

Vibrant Villages Greening projects & Tidy Towns

Projects are being identified and confirmed for 2018. Plans being made for spring connections. Tidy Towns meetings are starting in January.

Vibrant Villages Walking Trails and Maps

Ongoing weekly walks in January.

Age Friendly Cities

A plan of activities and development for older people is being developed for 2018. Reviewing activities in older peoples' complexes and connection with liaison officers

Allotments

All allotments are currently being renewed and lapsed leases allocated to new people on the list. Improvement of infrastructure for allotments is also being done.

In addition to the above a number of weekly events continue to take place as part of ongoing community work: older peoples' activities, Friends of Green Spaces and allotment links etc.

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
South East Area Committee**

Environmental Services Unit Report

Leaf Collection

Many residents' groups, associations and individuals were involved up to late December in carrying out leaf clearing initiatives. The south east area provided bags and equipment to these groups and arranged for the removal of the collected bagged leaves.

Events

TradFest Temple Bar, 24th to 28th January 2018.

**Housing, Community & Emergency Services Department
South East Area Office**

**To the Chairperson and Members of the
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Housing Projects and Local Area Improvements

Grand Canal Sub Group

The latest meeting of the Grand Canal Sub-committee was held on 11th October 2017. 21st April 2018 was identified as potential date for Canals Action Day. Waterways Ireland is developing a new Dublin Canals website to incorporate both canals in the city. Work is ongoing on pilot Canal Warden scheme. The date of the next meeting of the Grand Canal Sub-committee will be held on 9th January 2018.

Rathgar Village Improvement Plan (VIP)

The finalised Rathgar Village Improvement Plan (VIP) was approved at the January 2015 South East Area Committee. The Part 8 was approved at the meeting of the City Council on 9th January 2017. The pedestrian crossing has now been commissioned. Implementation works has commenced with re-alignment of the bring centre by Waste Management Section. Consultation was carried out with three local primary schools in relation to providing a nature play area in the woodland area. Initial tree works have commenced and works to Nature Play area commenced in December 2017. Parks services will make a short presentation on the consultation process around the Nature Play Area at the January 2018 South East Area Committee.

Ranelagh Gardens Park

The contractors, Redlough Landscapes Ltd., have completed all of the work apart from some minor snagging and will be subject to further inspection later in spring as part of the contract. All planting is complete, perennials, pond edging and clearance of old vegetation and planting on the island. Tree works are complete with six trees removed and 12 new ornamental trees planted to add seasonal colour throughout the year. Works to bird garden are complete with bulb planting / new grasses / shrubs to create a diverse habitat which will encourage urban bird life.

Ringsend Irishtown Local Environment Improvement Plan (LEIP)

The Ringsend Irishtown Local Environment Improvement Plan was adopted at the June 2017 South East Area Committee. The proposals for Library Square and Cambridge Road have now been included in the Capital Works Programme 2018-2020. Tender specification will need to be prepared for production of detailed design drawings and submission of Part 8 planning application in relation to Library Square and Cambridge Road in 2018.

Terenure 2030

In 2016 six new lamp standards were provided in the village along with cycle parking and new litter bins. A further five new lamp standards have now been identified and Public Lighting Section has placed an order for same, to be installed in early 2018.

Ranelagh Triangle

The new memorial for the late Deirdre Kelly was completed in December. The memorial, designed by City Architects, comprises three benches arranged in a triangular pattern with limestone paving as its centrepiece, which includes the quotation from Deirdre Kelly.

Charlemont

All tenants from Tom Kelly have moved into their new homes in French Mullen House. The DCC project office closed on the 21st December 2017. Liaison will continue with regards to the new community facility.

Crampton Buildings

We are working on resolving some issues in one of the units and that work is expected to be completed in January. Housing Maintenance Section is also examining some drainage issues in Bedford Row.

We have been advised that Crampton Buildings was sold to INT INV I (GP) on the 15th December 2017 and Davy Real Estate have been appointed as managing agents for the new owner.

**Culture, Recreation & Economic Services Department
Dublin City Sport and Wellbeing Partnership Section**

**To the Chairperson and Members of the
South East Area Committee**

Dublin City Sport and Wellbeing Partnership Report

The **Lord Mayor's 5 Alive Challenge** is back for 2018! The initiative is a partnership programme between Dublin City Sport & Wellbeing Partnership (DCSWP) and the Lord Mayor's Office. The challenge is in its sixth year and has encouraged hundreds of people to take up regular exercise over the past five years.

This year we are going back to our roots and have targeted people who are interested in taking up jogging or those who have started and need some encouragement to keep it going. For 2018, we have also introduced mentors - people who have completed the challenge in previous years and who will run with slower joggers / walkers and encourage them around the course.

The challenge is to complete five Dublin road races:

Tom Brennan Memorial 5K New Year's Day Road Race on 1st January

AXA Raheny 5 on 28th January

BHAA Garda Cross Country 2 Mile / 4 Mile on 3rd February

MSB St. Patrick's Festival 5K Race and Family Fun Run on 18th March

BHAA Dublin City Council 10K race on 7th April

If for some reason someone can't complete one of these races, they can substitute for one of the park runs organised by Parkrun Ireland.

Dublin City Sport & Wellbeing Partnership will host three open walks at 11am on Saturday, 13th January as part of the **Operation Transformation National Walk Day**. Each walk will be between 3 and 5 kilometres to target people who are currently engaging in below the recommended levels of physical activity. Local walking programmes will be delivered across the city in the 1st quarter of 2018.

The three open walks will be delivered in the following locations:

War Memorial Gardens, Dublin 8 (meeting point: Municipal Rowing Centre, Island Bridge).

Tolka Valley Park, Dublin 11 (meeting point: new changing rooms in park, corner of Tolka Valley Road and St. Helena's Road).

Raheny, Dublin 5 (meeting point: Raheny GAA Club, 2 All Saint's Drive).

The local walks are currently in the planning stage (implementation to commence in January).

Change for Life

This is an eight week programme which targets underactive adults. The aim of the programme is to establish a group that will support each other in participating in weekly fitness sessions organised by DCSWP Sport Officers.

The initiative will be delivered from Irishtown Stadium and will run in tandem with the Operation Transformation TV show. It combines weekly exercise sessions, nutritional advice and structured walks to help improve overall health, wellbeing and quality of life.

It is hoped that the group, once established, will take part in citywide marquee events such as the Operation Transformation run in February & also an end of programme celebration event in the Mansion House in late March / early April.

Dance for Life

Dance classes for older adults take place at the Evergreen Centre in Terenure every Tuesday at 11am. Classes are €4 per session and a great way to meet new people and keep fit.

Forever Fit

Chair fit classes continue every Thursday morning at 10.30am in the Enterprise Centre, Terenure and every Monday evening at 7pm in Mount Drummond Court, Harold's Cross. Classes are aimed at older adults in the area and generally run for six week blocks.

Two further Forever Fit programmes operate each week in the Ringsend / Irishtown area. The programme involves a range of physical activities for older adults. Activities include Go for Life Games, Tai Chi etc.

The programmes are run as a partnership between the DCSWP Sport Officer and the Active Retirement Groups.

Thrive

Thrive is a programme geared towards engaging people with mental health difficulties. This can range from people who suffer with anxiety or depression right through to people who may have suffered an acquired brain injury and need assistance in re-integrating into their communities from a personal independence, social & general wellbeing viewpoint.

The programme links with participants from Headway Ireland and introduces yoga over eight weeks so that participants can gain a basic understanding. Classes can contribute towards an improvement in the participant's mobility & range of motion and also help increase confidence levels.

Community Soccer Programme

Access to Dublin City Council (DCC) Irishtown Stadium will be supported by the local DCSWP Sport Officer through links created with local stakeholders. Currently Ringsend Youth Service, Ringsend College and Roslyn House Rehab service are all being facilitated to use this fantastic DCC facility.

Sport & Fitness Markievicz

Aquaphysical Classes: Sports & Fitness Markievicz proudly announce the roll out of these classes, the first fitness centre in Ireland to do so! Classes take place on Tuesday lunchtimes & Wednesday evenings. Please contact the centre directly for more details.

Pilates: New classes now taking place every Tuesday, Thursday & Friday. Please contact the centre directly for more details.

Football

Sprog Soccer: This initiative for 4 – 8 year olds takes place every Friday morning in Sports & Fitness Irishtown (currently 60 participants) and every Wednesday at 9.30am in YMCA Aungier Street (currently 80 participants).

Men's League: Ongoing every Monday & Wednesday evenings from 6pm to 8pm in Ringsend Park.

Football for All: This programme is aimed at young people with learning difficulties and / or physical disabilities and takes place in Irishtown Stadium on Fridays 5pm – 6pm. There are currently 15 participants.

Soccer Sisters: A new six week intro programme for girls from various primary schools has just commenced.

Rugby

Our DCSWP / Leinster Rugby Development Officer is continuing to deliver primary & secondary school programmes in the south east area. The primary programme consists of weekly tag rugby sessions and is aimed at 4th, 5th & 6th class pupils.

The secondary programmes (targeting both boys' & girls' schools) commence with tag sessions for transition year students, eventually leading to full contact 7 or 10-a-side matches. This transition will occur once participants have familiarised themselves with the rules, skills & tackling technique etc. required to be able to play the game in a safe manner.

Rowing

Get Going... Get Rowing

This initiative, jointly supported by DCSWP, Sport Ireland, Healthy Ireland, Active School Flag & Trinity College, has been successfully rolled out for a number of years by Rowing Ireland's Leinster Women's Development Officer, Michelle Carpenter. This is a rolling 4 / 6 week school's programme for girls (second level). Rowing Ireland provide rowing machines and a community coach to the schools.

A further transition year programme gives students the opportunity to get on the first step of the coaching ladder and enables them to be involved in a youth leadership role, working in a fun and interactive environment with younger students and hence, bringing value to the school.

Olympic Values Education Programme (accompanies above programme)

Students will be taught values such as fair play, respect, dignity etc. through rowing. Get Going... Get Rowing will be the first programme in Ireland to roll this out. Schools partaking in this include:

Presentation College, Terenure
Our Lady's School, Templeogue Road, Terenure
High School, Rathgar

Boxing

The Bronze Start-Box Programme has commenced once more with primary and transition year students. The Bronze Programme runs for four weeks and targets approximately six to eight schools in the area.

Weekly fitness sessions are ongoing for a teenage girls' group and a young men's group aged 18 - 25 years that currently engage with the local youth service. During the planning stages of the programme, participants decided that boxing would be the activity of choice. The facilities at St. Andrew's Resource Centre are used and participants are able to benefit from the expertise of the DCSWP / Irish Amateur Boxing Association (IABA) Boxing Development Officer.

The programme will run as a partnership between the DCSWP Sports Officer, St. Andrew's Resource Centre, local youth service and the IABA / DCSWP Boxing Development Officer. It is an aim of this programme that participants may progress to join the recently established 'Ringer' Boxing Club.

The DCSWP / IABA Boxing Development Officer will continue to work with Roslyn Park College (promoting good mental health) and the Spellman Centre (for people with addiction issues) in 2018.

Cricket Development Officer Report

Our Cricket Development Officer is liaising with DCSWP Sports Officers in the area to plan programmes for the coming months.

School coaching visits continue in Star of the Sea Boys' National School (BNS) on Wednesdays and St. Matthew's National School, Sandymount, on Mondays.

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